



# PROGRAM OF STUDY

Career Cluster: Human Services

Career Cluster Pathway: Personal Care Services



This Career Pathway Program of Study can serve as a guide along with other career planning materials as learners continue on a career path. Courses listed within this program are only recommended coursework and should be individualized to meet each learner's education and career goals. **Note:** Many items have links to external resources with more information.

REQUIRED CREDITS	GRADE	English/ Language Arts (4.0 credits)	Social Studies (2.5 credits)	Math (2.0 credits)*	Science (2.0 credits)	Fine Arts (1.0 credits)	Health/ Fitness (2.5 credits)**	Electives (6.5 credits)	Related Career & Technical / Occupational (1.0 credits)  Certificate and Tech Prep (notation on HS and TP alignment)	SAMPLE Occupations Relating To This Pathway  (*indicates job in high demand) (☺ indicates a "green" job)	
SECONDARY SAMPLE COURSE OFFERINGS	9	English 1 or Honors English 1	Pacific Northwest History (.5)	Algebra I  Geometry	Integrated Science or Adv Int Science	Credits from Art Courses  or  CTE Equivalent	Health (.5)	Elective courses (6.5)  and  Project Me  and  Other CAA requirements	<b>ASD CTE COURSE OPTIONS</b>  Digital Communications Digitools Foods and Nutrition Sports Medicine Cosmetology Manicuring Work Based Learning CTE Grad Project  <b>LEADERSHIP</b>  FBLA Skills USA  <b>TECH PREP ARTICULATIONS</b>  Digital Communications/Digitools – Grays Harbor College (3cr.)  <b>CERTIFICATION</b>  Work Readiness Credential	<b>Little or No Preparation</b> <ul style="list-style-type: none"> <li>Locker Room, Coatroom, and Dressing Room Attendants</li> </ul> <b>Some Preparation</b> <ul style="list-style-type: none"> <li>Companion</li> <li>Costume Attendant</li> <li>Electrolysis Technician</li> <li>Funeral Attendant</li> <li>Laundry and Dry-Cleaning Workers</li> <li>Nail Technician</li> <li>Personal and Home Care Aide*</li> <li>Spa Attendant</li> <li>Tailors, Dressmakers, &amp; Custom Sewers</li> <li>Youth/Recreational Coaches</li> </ul> <b>Medium Preparation</b> <ul style="list-style-type: none"> <li>Barber</li> <li>Competitive Coaching</li> <li>Cosmetologist*</li> <li>Electrologist</li> <li>Embalmer</li> <li>Esthetician</li> <li>First-Line Supervisor/Manager of Personal Service Workers</li> <li>Fitness Trainers &amp; Aerobics Instructor*</li> <li>Funeral Director</li> <li>Massage Therapist</li> <li>Mortician</li> <li>Skin Care Specialist</li> </ul> <b>Considerable Preparation</b> <ul style="list-style-type: none"> <li>Exercise Psychologist</li> <li>Physical Education Teacher</li> <li>College or Professional Coaching</li> <li>Scouts</li> <li>CTE Teacher</li> </ul>	
	10	English 2 or Honors English 2	US History	*Class of 2013 (add't 1.0 credit)  Algebra II	Biology <u>or</u> AP Biology <u>or</u> Biotechnology <u>or</u> Horticulture <u>or</u> Natural Resources I		Credits from Health and Fitness Courses				**Successfully completing two years of physical education and one semester of health is required for high school graduation
	11	English Electives or Business English	World History <u>or</u> Economics <u>or</u> Economics II	Pre-Calculus  Calculus	Science Electives						
	12	English Electives or Business English	World History <u>or</u> Economics <u>or</u> Economics II <u>and</u> CWP	(Students must pass a math competency test or have four years of math credits)							

<b>Technical Certification</b> <i>(instruction provided through certified training and/or testing centers)</i>	<b>Apprenticeship Opportunities</b>	<b>2-yr or ATA Degree</b> <i>(Find specific colleges at <a href="http://www.checkoutcollege.com">www.checkoutcollege.com</a>)</i>	<b>4 –yr Degree or Advanced Training</b>
<p><b><u>Cosmetology</u></b></p> <ul style="list-style-type: none"> <li>Academy of Hair Design</li> <li>Bates Technical College</li> <li>Bellevue Beauty School</li> <li>Bellingham Beauty School</li> <li>BJ's Beauty and Barber College</li> <li>Chetta's Academy of Hair and Nails</li> <li>Clare's Beauty College Inc</li> <li>Clover Park Technical College</li> <li>Everett Community College</li> <li>Gene Juarez Academy of Beauty</li> <li>Glen Dow Academy of Hair Design</li> <li>Greenwood Academy of Hair</li> <li>Lake Washington Technical College</li> <li>Milan Institute of Cosmetology</li> <li>Northwest Hair Academy</li> <li>Phagans Orchards Beauty School</li> <li>Professional Beauty School</li> <li>Renton Technical College</li> <li>Seattle Community College</li> <li>Seattle Vocational Institute</li> <li>Shoreline Community College</li> <li>Stylemaster College of Hair Design</li> </ul> <p><b><u>Massage Therapy/Therapeutic Massage</u></b></p> <ul style="list-style-type: none"> <li>Ashmead College</li> <li>Brenneke School of Massage</li> <li>Cambridge College-Seattle</li> <li>Clover Park Technical College</li> <li>Cortiva Institute-Brian Utting School of Massage</li> <li>Peninsula College</li> <li>Renton Technical College</li> <li>Whatcom Community College</li> </ul> <p><b><u>Somatic Bodywork &amp; Related Therapeutic Services</u></b></p> <ul style="list-style-type: none"> <li>Bellingham Technical College</li> <li>Bodymind Academy</li> </ul>	<p>To learn more about Apprenticeship, visit <a href="#">Labor and Industries</a> website.</p> <p>Follow these steps to learn about the specific apprenticeships available in this pathway:</p> <p><b>STEP 1:</b> Link to <a href="#">Apprenticeship Registration and Tracking System</a></p> <p><b>STEP 2:</b> Search by using key words below or the SOC code listed</p> <ul style="list-style-type: none"> <li>Barber (39-5011)</li> <li>Cosmetologist (39-5012)</li> <li>Customer Service Coordinator (43-4171)</li> <li>Esthetician (39-5094)</li> <li>Manicurist (39-5092)</li> </ul> <p><b>STEP 3:</b> Click "View" and scroll down to find contact name and program standards for qualifications and how to apply</p>	<p><b><u>Cosmetology</u></b></p> <ul style="list-style-type: none"> <li>Olympic College</li> <li>Bates Technical College</li> <li>Shoreline Community College</li> <li>Spokane Community College</li> <li>Walla Walla Community College</li> </ul> <p><b><u>Massage Therapy/Therapeutic Massage</u></b></p> <ul style="list-style-type: none"> <li>Clover Park Technical College</li> <li>Renton Technical College</li> </ul> <p><b><u>Parks, Recreation and Leisure Studies</u></b></p> <ul style="list-style-type: none"> <li>Walla Walla Community College</li> <li>Green River Community College</li> <li>Spokane Community College</li> <li>Bellevue Community College</li> </ul>	<p><b><u>Health and Physical Education</u></b></p> <ul style="list-style-type: none"> <li>Central Washington University</li> <li>Eastern Washington University</li> <li>Pacific Lutheran University</li> <li>Washington State University</li> <li>Western Washington University</li> </ul> <p><b><u>Physical Education Teaching and Coaching</u></b></p> <ul style="list-style-type: none"> <li>Central Washington University</li> <li>Eastern Washington University</li> <li>Gonzaga University</li> <li>Seattle Pacific University</li> <li>Walla Walla College</li> <li>Western Washington University</li> <li>Whitworth College</li> </ul> <p><b><u>Parks, Recreation and Leisure Studies</u></b></p> <ul style="list-style-type: none"> <li>Central Washington University</li> <li>Eastern Washington University</li> <li>Gonzaga University</li> <li>Pacific Lutheran University</li> <li>Seattle Pacific University</li> <li>University of Puget Sound</li> <li>University of Washington</li> <li>Washington State University</li> <li>Western Washington University</li> </ul> <p><b><u>Sport and Fitness Administration/Management</u></b></p> <ul style="list-style-type: none"> <li>Central Washington University</li> <li>Eastern Washington University</li> <li>Lake Washington Technical College</li> <li>Seattle Pacific University</li> <li>Spokane Falls Community College</li> <li>Washington State University</li> </ul> <p><b><u>CTE Secondary Education Teacher</u></b></p> <ul style="list-style-type: none"> <li>Education Degree in a CTE program area with 2000 hours of related work experience</li> <li>Industry Route Certificate requires 6000 hours of work experience in the field and completion of a state approved CTE Preparation Program along with passage of Basic Skills Math and English</li> </ul>

\*Data acquired from [www.workforceexplorer.com](http://www.workforceexplorer.com), [www.sbctc.edu](http://www.sbctc.edu), [www.careerclusters.org](http://www.careerclusters.org), and [www.edf.org/cagreenjobs](http://www.edf.org/cagreenjobs),  
 Adapted from <http://www.nthurston.k12.wa.us/education/components/scrapbook/default.php?sectiondetailid=34988>