

Note to Parents

Dear parent(s) or guardian(s),

BHR is proud to partner with your school to provide school based mental health services for your child.

Inside this brochure, you will find information on the school based counselor's role as well as the services BHR will provide at the school for your child.

Please keep in mind that your involvement is still very important for the growth and progress of your child. BHR requires that you participate in counseling services with your child at least once a month, but we recommend more active participation.

BHR appreciates the opportunity to serve you and your child.



Counseling4Kids



205 8th Street
Hoquiam, WA 98550
1800-654-3837

575 E Main Street
Elma, WA 98541
360-482-5358

BHR School Based Counseling Program

Proudly Serving
Children, Youth,
and Families!



1800-654-3837 (Hoquiam)
360-482-5358 (Elma)

The School Based Counselor's Role

More than a counselor, the school based counselor is a part of the school culture. He or she participates in the daily activities of the school and is familiar to students and staff alike. He or she spends time in the classroom working with clients on different learning and coping skills to help them acclimate to the classroom environment. He or she will also work with the client on social skills during class time, recess, or during an assembly. The school based counselor will have friendship group activities with students to teach them needed life and pro-social skills.

The school based counselor works closely with teachers, parents, staff, and school administrators to ensure that the client receives an all encompassing counseling experience at school.

The school based counselor attends team meetings at school, such as IEP/504 Plan meetings, WRAP Around meetings, as well as parent-teacher conferences whenever his or her help and expertise are needed.

Services Provided at the School

Classroom support for the client and for the teacher.

Individual counseling for the client.

Family counseling and parent support.

Group counseling open to all students.

Classroom observations of client as needed.

Pro-social behavior and skill building for client.

Intake assessments

School based counselor participates in team meetings for client as needed.

School based counselor participates in parent-teacher conferences as needed.

Crisis services for clients.

Collaboration between school counselor and school based counselor.

Parent involvement is required at least once a month.



BHR School Based Counseling Program

205 8th Street
Hoquiam, WA 98550
1800-654-3837

575 E Main Street
Elma, WA 98541
360-482-5358