What to do if a Person is Symptomatic

These recommendations are for K-12 schools, child care, and connected extra-curricular activities.

If a person has one or more of these symptoms:

- Fever (≥100.4°F) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (new, changed, or worsening)

They should isolate at home AND get tested for COVID-19

If they do not receive an alternative named diagnosis from a health care provider OR do not get tested

- They test POSITIVE for COVID-19
- They test NEGATIVE for COVID-19 OR receive an alternative named diagnosis from a health care provider plus a negative test

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If they test NEGATIVE for COVID-19 OR receive an alternative named diagnosis from a health care provider plus a negative test

If they do not receive an alternative named diagnosis from a health care provider OR do not get tested

Was only ONE symptom present?

- NO
- YES

Did the symptom resolve within 24 hours OR are they consistent with a diagnosed chronic illness?

- NO
- YES

Return to school, child care, and activities if:

1. No fever within the past 24 hours (without medication) AND
2. Symptoms have significantly improved

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

They can return to school, child care, and activities after five days have passed since symptoms first appeared if:

1. No fever within the past 24 hours (without medication) AND
2. Symptoms have significantly improved AND
3. Wear a mask around others days 6–10 OR test negative with an antigen test to return without a mask

If they cannot wear a mask and do not test negative after day five, they must continue isolating through day 10.

- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatigue
- Sore throat

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