

2010-2011

GRAYS HARBOR

COMMUNITY

RESOURCE

DIRECTORY



SOUND TO HARBOR HEAD START

**Head Start Serving Grays Harbor County In Partnership With Our
Diverse Community Empowers Children And Families To Achieve Their
Full Potential.**

EMERGENCY NUMBERS

Fire, Police, Sheriff (Emergency) *911*

Police, Fire, and Sheriff 24-Hour Dispatch
(Non Emergency) 533-8765

Washington State Patrol 533-5707

Washington Poison Center 800-222-1222

Forest Fire Reports 800-562-6010

Coast Guard (Search & Rescue) Westport 360-268-0121

Arson Hotline 800-552-7766

Crisis Line 360-532-4357 or
800-685-6556

Contents

Assistance, Legal, DSHS, Welfare Rights	33
Child Abuse Supplement	39
City Hall Information	21
Colleges	21
Driver's License and Vehicle Registration	30
Emergency Numbers	2
Food and Clothing Banks	32
Grays Harbor Community Resources	7
Head Start Centers	31
Health	19
Libraries	19
Mental Health Resources	29
Parks and Recreation	29
Public Officials	22
Schools	20
State of Washington Toll Free numbers	24
Tribal Information	30
Voter Information	23

TABLE OF CONTENTS

A Healthy Risk..... 7

AARO Medical Supplies 7

Aberdeen Chamber of Commerce..... 7

Aberdeen Community Service Office Division of DSHS 7

Aberdeen Division of Child Care and Early Learning 7

Aberdeen School District – Special Services 7

Aberdeen Special Services Grays Harbor Developmental Preschool 7

Access Mobility Systems 7

Adoption Counseling and Referral for All Children 7

Adult Protective Services..... 7

AIDS Hotline 7

Aids/STD Information Division of Public Health Services..... 7

Alano Club of Aberdeen 8

Alanon 8

Alcoholics Anonymous 8

Alcohol/Drug Helpline..... 8

ALIVE Shelter 8

Alzheimer’s Support Group 8

American Council for the Blind 8

American Kidney Fund 8

American Red Cross 8

America’s Promise – The Alliance for Youth..... 8

AmeriCorps..... 8

Angel Flight West..... 8

Answers for Special Kids (ASK) Resource Line 8

Answer line..... 8

ARC of Grays Harbor 8

At Risk Program 9

Attorney General Consumer Protection..... 9

Auto Safety Hotline 9

Avada Audiology & Hearing Care Center 9

Behavioral Health Resources..... 9

Beyond Survival Sound Sexual Assault Coalition 9

Cancer Hotline 9

Cancer Information & Counseling Line 9

Catholic Community Services 9

Child Abuse and Neglect (DSHS) 9

Child Care Action Council 9

Child & Family Health Programs 9

Child Find of America 9

Child Help USA..... 9

Children’s Advocacy Center..... 9

Children’s Allied Resources, Inc..... 10

Children’s Hospital..... 10

Children’s Resource Line 10

Children with Special Health Care Needs 10

CHOICE Regional Health Network..... 10

CLEAR 10

Coastal Community Action Program (CCAP) 10

Coastal Supported Employment 10

Consejo Mental Health Counseling..... 10

Consumer Resource Center / Attorney General office 10

Counseling for Adult Survivors of Sexual Assault 10

Counseling for Child Survivors of Sexual Assault 10

Covenant House Nine Line 10

Crime Victims Compensation Assistance & Victim Witness Program 11

Crime Victim Advocacy Network 11

Crisis Line 11

Crisis Child Care 11

Department of Health Consumer Assistance 11

Community Resource Guide Grays Harbor County 2010-2011

Department of Social and Health Services – Community Services Office.....11	Habitat for Humanity of Grays Harbor..... 13
Division of Children and Family Services (DSHS).....11	Harbor Crest Behavioral Health..... 13
Division of Developmental Disabilities.....11	Harbor Home Health & Hospice 13
Domestic Violence Center11	Healthy Kids Now 13
Domestic Violence Hotline11	Heart-in-Hands Pregnancy Care Center 13
Easter Seals Society of Washington11	Home and Community Service 13
Early Intervention for Children11	Hopkins Early Learning Center 13
ECEAP11	Hoquiam Food & Clothing Bank 14
Elks Therapy Program for Children11	Hoquiam Therapy Services Physical & Occupational Therapy..... 14
Elma Clinic11	For Children and adults..... 14
Elma School District Developmental Preschool11	Immunization Services 14
Emergency Contraception Hotline12	Infant Toddler Early Intervention Program 14
ESD 113 Grays Harbor Youth Programs12	Legal Resources 14
Families in Transition (FIT)12	Legal Voice 14
* *Servicios en español disponible.12	Lincare, Inc. 14
Family Help Line.....12	Literacy Hotline 14
Family Planning (GHHD)12	Mark Reed Hospital 14
Fathers Network12	Mary Bridge Children’s Health Center 14
First Steps for Teens (GHHD)12	Mary Bridge - Olympia Clinic..... 14
Food Stamps (DSHS).....12	Maternal Child Health..... 14
Friendship House12	Medical Assistance 14
Grays Harbor College12	Medical Transportation 14
Grays Harbor College Job Placement Office12	Migrant Program – Aberdeen School District..... 14
Grays Harbor College Disabilities Support Services12	Montesano Food Bank..... 14
Grays Harbor Community Hospital12	Narcotics Anonymous..... 15
Grays Harbor Hospital12	National Suicide Prevention Hotline..... 15
Physical, Occupational, and Speech Therapy12	Neighborworks of Grays Harbor..... 15
Grays Harbor County Public Health and Social Services Department13	Northwest Indian Treatment Center 15
Grays Harbor Feeding Team (GHHD).....13	Nursing Home Ombudsman 15
Grays Harbor Housing Authority.....13	Olympic Area Agency on Aging..... 15
Grays Harbor Transportation Authority Handicapped Dial-A-Ride.....13	Operation Lookout 15
Grays Harbor Youth Center13	Paperwork (Process) Servers..... 15

Community Resource Guide Grays Harbor County 2010-2011

Parent to Parent & ARC of GH	15	Union Gospel Mission	16
Prosecuting Attorney's Office.....	15	United Way	16
Quinault Tribal Housing Authority.....	15	Vocational Rehabilitation	16
Quinault Indian Nation.....	15	Volunteer Chore Services.....	16
Retired Senior Volunteer Program.....	15	Washington Commission for National Community	16
Roger Saux Clinic.....	15	Washington Poison Control Center	16
Salvation Army	15	Washington State Insurance Commissioner.....	17
Sea Mar Medical	16	Washington State Migrant Council.....	17
Social Treatment Opportunity Program (STOP).....	16	West Coast Hearing Clinic	17
St. Mary's Catholic Church.....	16	WIC (GHHD).....	17
STOMP/PAVE.....	16	WorkFirst	17
TANF.....	16	Working Connections Child Care	17
Teen Hotlines.....	16	WorkSource Grays Harbor	17
Teen Hotlines (for parents)	16	WSU Cooperative Extension Office.....	17
Teen Parent Warm Line.....	16	YMCA of Grays Harbor	17

A Healthy Risk

249-2297 or 800-789-0208

FAX 249-2298

Fees: State certified treatment.

Domestic Violence Perpetrator and Problem gambling Programs.

*Servicios en español disponible.

AARO Medical Supplies

360-532-2222

800-752-2276

Specializing in medical equipment, wheelchairs, oxygen tanks, etc.

Aberdeen Chamber of Commerce

532-1924

www.graysharbor.org

Monday-Friday 8:00-5:00 Saturday 9:00-4:00

Sunday 12:30-5:00 (Sat & Sun only for visitors)

506 Duffy Street

Aberdeen, WA 98520

Aberdeen Community Service Office Division of DSHS

537-2600

Monday-Friday 8:00-5:00

415 W. Wishkah

P.O. Box 189

Aberdeen, WA 98520

All applicants/recipients of DSHS services. First Step/Family Planning/Teens. The Family Planning Social Worker conducts family planning orientations and referrals, distributes information and networks with other agencies to enhance service delivery. Regularly scheduled Family Planning Orientations and individual counseling/referrals by appointment.

*Servicios en español disponible.

Aberdeen Division of Child Care and Early Learning

800-451-9994 ext. 4312

Child Care Licensor Linda Robertson

Aberdeen School District – Special Services

538-2018

Monday-Friday 7:30-5:00

216 North G Street

Aberdeen, WA 98520

Serving Aberdeen and Cosmopolis School Districts. Special education consortium serving students with special needs, ages 0-21. Services offered: developmental preschool, resource programs, community based education, early ID/assessment, audiology, communication disorders services, occupation/physical therapy, school psychology, adaptive physical education, instruction for hearing impaired, vocational education, transition services, extended school year, special education health service and resources. Please call special services for documentation requirements.

*Servicios en español disponible.

Aberdeen Special Services Grays Harbor Developmental Preschool

Hopkins School

538-2190

1313 Pacific Ave

Aberdeen, WA 98520

Access Mobility Systems

800-854-4176

Located in Everett

For wheelchair accessible vans, van conversions, driving aids, Jazzy Power Chairs, scooters, wheelchair and scooter lifts, tie-down restraint systems, wheelchair and scooter rentals, transfer seats, pedal extensions and vehicle grab bars.

Adoption Counseling and Referral for All Children

800-BABYDUE (800-222-9383)

Counseling and referral for both birth and adoptive parents through Catholic Community Services

Adult Protective Services

Region 6

1-877-734-6277

800-672-7091 (TTY)

Monday-Friday 8:00-5:00

P.O. Box 45610

Olympia, WA 98504-5610

To protect adults at risk of abuse, abandonment, neglect, financial exploitation, and self neglect. Services the Grays Harbor area and has an office in Aberdeen; however, all intakes must go through the Olympia office.

AIDS Hotline

800-272-2437 (State Office)

8-5 M-F

800-458-5231 (National Hotline-24 hrs)

800-344-SIDA (Spanish Hotline)

800-AIDSTTY (Hearing Impaired)

Washington State AIDS Program

Airustrial Park Building 9

www.doh.wa.gov Enter HIV test in Search Box

Aids/STD Information Division of Public Health Services

532-8631

Monday-Friday 8:00-12:00, 1:00-5:00

Call for current clinic schedule

2109 Sumner Avenue

Aberdeen, WA 98520

Both appointments and drop-ins welcome. HIV transmissions information, HIV/AIDS, and other sexually transmitted diseases. Client services, antibody test information.

*Servicios en español disponible.

Alano Club of Aberdeen

532-5971

823 West Heron

Aberdeen, WA 98520

Coffee Bar 10-12:30

Schedule of meetings

A non-profit organization that rents space to people who want to hold 12-Step meetings.

*Juntas en español; jueves a las 8:00p.m.

Alanon and Alateen(persons affected by another's addiction)

532-7585 Contact Ken or Joann

Monday, Wednesday 7:0-8:30 @ Grays Harbor Community

Hospital East Campus Conference Room Holds meetings for friends and families of people affected by alcohol, call for a list of meetings.

Hotline website www.wa-al-anon.org

Alcoholics Anonymous

532-2691, Aberdeen

Meetings available daily. Meeting locations in Aberdeen, Montesano, Tokeland, Pacific Beach, Taholah, Westport, Humptulips, Ocean Shores, McCleary, Elma, and Hoquiam. Differing times and locations. Please call for information.

Alcohol/Drug Helpline

8AM – 10 PM 7 Days a week

800-562-1240

Crisis intervention. Information and referral for those using and abusing substances and for those affected by the abuser. Youth chemical dependency and domestic violence referrals. Referrals throughout Washington State. No Fee.

ALIVE Shelter

800-500-5518 or dial 911

24 hours Location Confidential.

24 hour shelter for battered women and the children (some age restrictions), medical referrals, legal advocacy, support groups, volunteer resources and other social services

Alzheimer's Support Group

Eric Nessa @ the Westport Senior House

114 East Pacific Ave Westport

Mon, Wed, Fri 8:30-3:30

Contact Verna Macdonald at

360-268-0156

Aberdeen

Caregiver Support Group

3rd Wednesday @ Aberdeen

Timberland Regional Library

121 E Market

Contact Polly McCalister 360-538-2458

American Council for the Blind

800-424-8666 (east coast)

9-5 M-F

www.acb.org

American Kidney Fund

800-638-8299

www.kidneyfund.org

American Red Cross

249-2341

www.rainier-redcross.org

Monday-Thursday 10:00-3:00

21 Clemons Road North

Montesano, WA 98563

Services for emergencies and natural disaster aid. Offers First Aid, CPR, and other safety classes. Sign Language available.

America's Promise – The Alliance for Youth

Website www.americaspromise.org

For further information visit the website.

AmeriCorps

360-902-0656

Monday-Friday 8:00-5:00

P.O. Box 43113

Olympia, WA 98504

Information on the AmeriCorps National Service Program for those who wish to become involved with community service. Will refer people who want to do volunteer work.

Angel Flight West

888-426-2643

8:30-4:30

Angel Flight is a non-profit charitable organization of private pilots who fly ambulatory patients who cannot afford the cost of travel to medical facilities for diagnosis and treatment. Our pilots donate their time, aircraft and fuel to make this air transportation service totally free of charge for patients who qualify.

www.angelflightwest.org

email: coordination@angelflightwest.org

Answers for Special Kids (ASK) Resource Line

800-322-2588

Medical insurance, WIC, Family planning, food banks, free lunches for children.

www.withinreachwa.org

www.parenthelp123.org

*Servicios en español disponible.

Answer line

Dial 2-1-1

Get Connected-Get Answers

Help in finding social services like rent assistance, counseling & support groups, food & clothing, donations, transportation, emergency shelter and more

Toll Free: 877-246-1915

ARC of Grays Harbor

537-7000/800-537-7272

1017 S Boone (SS Mall, Aberdeen)

Tuesday-Friday 11:00-4:00

Community Resource Guide Grays Harbor County 2010-2011
www.arcgh.org
Programs to assist the developmentally disabled. Education & Classes, Parent to Parent support, Social opportunities, counseling and care provider referrals.

At Risk Program

Children & Family Services Youth at Risk Program 537-4300

Attorney General Consumer Protection

800-551-4636
www.atg.wa.gov

Auto Safety Hotline

800-424-9393
www.odi.nhtsa.dot.gov

Avada Audiology & Hearing Care Center

360-532-2093
309 West Market St Aberdeen, WA 98520

Behavioral Health Resources

Mental Health
532-8629
www.bhr.org
Monday-Friday 8:00-5:00
205 8th Street
Hoquiam, WA 98550
Elma-Children and Adults 360-482-5358
A counseling and treatment service for persons experiencing mental and emotional abuse. The center only accepts Medicaid. Crisis services available 24 hours a day, seven days per week at 532-4357 or 800-685-6556.
* *Servicios en español disponible.

Beyond Survival Sound Sexual Assault Coalition

533-9751 (Business Office)
(Rape/Sexual Assault Response 24 hr line)
1-888-626-2640
TTY 533-9751
www.ghbehondsurvival.com
Monday-Friday 9:00-5:00
Closed 12:00-1:00
117 East 3rd
Aberdeen, WA 98520
Provides free, confidential sexual assault advocacy, prevention education, information and referral services to any person in Grays Harbor County who requests this help. After hours, all calls are forwarded to answering service for advocate response.
**Servicios en español disponible.

Cancer Hotline

800-422-6237
Prevention, detection and treatment information
www.cancer.gov
**Servicios en español disponible.

Cancer Information & Counseling Line

9:30-6
800-525-3777
Provides professional counseling for patients and those affected by cancer. Resource referrals, medical navigation, Nation-wide
No Fees

Catholic Community Services

800-783-8193 Olympia
St. Mary's Parish
306 E. 3rd St
Aberdeen, WA 98520
Shelton 800-642-8026
Chehalis 800-642-8021
2940 Limited Lane NW
Olympia, WA 98502
Home care services or Long term care
**Servicios en español disponible.

Child Abuse and Neglect (DSHS)

537-4300/800-562-5624 (to report abuse)
Monday-Friday 8:00-5:00
415 West Wishkah, Suite 2B
Aberdeen, WA 98520
Call the 800 number to report child abuse and neglect.
*Servicios en español disponible.

Child Care Action Council

800-845-0956
Provides free listing of licensed child care providers in Grays Harbor and Pacific Counties; offers training for child care providers and consumer education on choosing a child care center. www.ccacwa.org
* *Servicios en español disponible.

Child & Family Health Programs

800-841-1410
WIC, First Steps information
*Servicios en español disponible.

Child Find of America

800-I-AM-LOST/ 800-426-5678
For parents of lost or abducted children.
800-A-WAY-OUT/ 800-292-9688 for parental abduction mediation.
24 Hours national hotline number for missing children.

Child Help USA

800-422-4453
National child abuse hotline. Information and referral to emergency counselors for abused children. Also help with runaways and domestic violence. Volunteers and donations accepted.
Child Help USA

Children's Advocacy Center

249-0005 / 800-9591467
Mon-Fri 8-5
514 E. Broadway ave.

Community Resource Guide Grays Harbor County 2010-2011
Montesano, WA 98563

Support for child abuse victims and their families

*Translator accessible

Children's Allied Resources, Inc

532-6227

Mental Health counseling for children and adolescence.

Insurance and private pay. Molina accepted.

Children's Hospital

Admin 206-884-5735

206-987-5737

Center for children with special needs. Education & resource information.

Guide to Children's Hospital:

www.seattlechildrens.org

Children's Hospital Olympia Clinic

By referral and appointment only

360-459-5009

Children's Resource Line

1-866-987-2500

Sponsored by Seattle Children's Hospital

For health related information go to website at

www.seattlechildrens.org

Children with Special Health Care Needs

(GHHD)

532-8631 ext 236

8-5 M-F

Case management birth to 18, with certain special health care needs and specialized medical supervision for children with special care needs.

CHOICE Regional Health Network

800-981-2123

www.crhn.org

Espanol 888-493-8397

CLEAR (Coordinated Legal Education, advice & Referral System)

See Northwest Justice Project

Coastal Community Action Program (CCAP)

533-5100

800-828-4883

Monday-Friday 8:00-5:00

117 E. Third St.

Aberdeen, WA 98520

Information and referral services, senior nutrition, senior home care, energy assistance, weatherization, case management services, child care resource and referral, emergency housing services and emergency assistances.

Social security payee programs, ABL dental, community jobs program. Variety of programs for low income persons.

Drop-ins welcome.

*Servicios en español disponible.

Coastal Supported Employment

533-5100 OR

800-828-4883

117 E. Third

Aberdeen, WA 98520

Located in the CCAP office. Provides help working with people who have physical disabilities. Also, work with transitioning students who have disabilities. Receive referrals from DVR & DDD, and works with people who wish to transition into the work force. Can provide bilingual services.

*Servicios en español disponible.

Consejo Mental Health Counseling

Hispanic Counseling and referral services.

206-461-4880 M-F 8-5

24 hour hotline (206) 461-3222

Consumer Resource Center / Attorney

General office

800-551-4636

Monday – Friday 9-4

www.atg.wa.gov

Provides information and informal mediation of disputes to consumers and businesses. Cannot provide legal services or act as attorney for anyone. Participant needs to call for detailed information on this program.

*Servicios en español disponible.

Counseling for Adult Survivors of Sexual Assault

(partial listing):

Tobi Buckman, MA, RN,

(206) 538-2818 (Aberdeen)

BHR,

532-8629 OR 800-654-3837(Hoquiam)

SFS August Grigg, MSW,

249-5266, (Montesano)

SFS Ericka Carsh, Behavioral Counseling Associates 532-0060

Robert Pingree, MSW, DCSW,

360- 532-6011 Or 276-(Hoquiam)

SFS starts @\$25.

Counseling for Child Survivors of Sexual Assault:

Tobi Buckman, MA, RN, 360- 538-2818

Evergreen Counseling, 360- 532-8630 OR 800-654-3837

(adult services)

August Grigg, MSW 360- 249-5266

Lynette Lile, MA, 532-6227

SeaMar 538-1461

BHR 532-8629

Covenant House Nine Line

800-999-9999

Open 5PM – 3 Am

Crisis line for homeless and runaway youth and their families. Discuss frustrating situations or parents can call if their children are runaways. Kids can call to get help in returning home or getting out of an abusive situation.

Crime Victims Compensation Assistance & Victim Witness Program

Victims of violent crime are entitled to compensation for financial, medical and mental health benefits to alleviate needs resulting from a crime. Individual and systems advocacy for crime victims.

Victim/Witness program 360-249-3951

Hot line 800-822-1067

www.ocva.wa.gov

Crime Victim Advocacy Network

866-711-2826

Crisis Line

532-4357/800-685-6556 24 hours

615 8th Street

Hoquiam, WA 98550

Provides 24-hour crisis intervention and referral to resources in Grays Harbor County.

www.crisis-clinic.org

Crisis Child Care

Through Child Advocacy

360-249-0005 Ages birth to eight.

Department of Health Consumer Assistance

800-525-0127

Referrals to specialized services throughout the state.

Department of Social and Health Services – Community Services Office

537-2600

Customer Service Center

877-980-9180

Mon – Fri 8-5

415 West Wishkah St

P.O. Box 189

Aberdeen, WA 98520

*Servicios en español disponible.

Division of Children and Family Services (DSHS)

537-4300 or 800-451-9994

Monday-Friday 8:00-5:00

415 W. Wishkah Street Suite 2B

Aberdeen, WA 98520

Investigates referrals regarding issues related to child abuse/neglect and sexual abuse. Licensing services for foster care and family day care. Children and Family Services also provide services to families requesting Family Reconciliation Services for families in conflict. Adoption services are also available. All families eligible without regards to income. Intake services available 24 hours.

Division of Developmental Disabilities

537-4360

Mon-Fri 8-5

Domestic Violence Center

538-0733

Monday-Friday 9:00-5:00

800-818-2194 24-hr. hot line

2306 Sumner Avenue

Hoquiam, WA 98550

Provides services for women over 18 and their children, intake, referral for legal help, counseling and shelter.

Appointments and drop-ins.

538-0733. No fees

Domestic Violence Hotline

800-532-6025 24 hour hotline

Provides crisis counseling, information, support, and referrals to victims of domestic violence and their families. No fee.

Easter Seals Society of Washington

800-678-5708

157 Roy St. Seattle, WA

M-F 8:30-5

www.seals.org

The aim of Easter Seals is increasing independent living skills of persons with disabilities.

Early Intervention for Children

533-9414

Hopkins Learning Center

1313 Pacific Ave.

Aberdeen, WA 98520

Provide services for children with special needs. Resource coordination with families – provide screening for children under 3 years' old.

Translator accessible.

ECEAP

538-2190

Hopkins Learning Center

1313 Pacific Ave.

Aberdeen, WA 98520

Provide preschool services including bus transportation, early education, lunch, family services, etc. Translator accessible.

Elks Therapy Program for Children

360-956-9058

Elma Clinic

482-5298

Mon-Thur 8:30-5

Fri 8:30-2

515 West Main

PO BOX 480

Elma, WA 98541

Family Practice Health Care Clinic

Elma School District Developmental Preschool

360-482-1123

1235 Monte-Elma Road

Elma, WA 98541

Emergency Contraception Hotline

888-668-2528

Information about emergency contraception.

www.ec.princeton.edu

ESD 113 Grays Harbor Youth Programs

ESD 113 Summer Youth Program

Summer & year round training & employment opportunity for youth.

GH County 360-538-6577

511 W. Heron St (Work Source Bldg)

Aberdeen

Pacific County

360-875-9470 ext 4

Ask for Youth Program

Families in Transition (FIT)

360- 538-2253 or 580-6740

For families with housing needs

* *Servicios en español disponible.

Family Help Line

800-932-HOPE (4673). A 24 hour statewide toll-free line staffed by trained workers to provide immediate listening, support and appropriate resource referrals to families under stress. Free parenting tip sheets upon request. No Fees

www.parenttrust.org

Parenting Coach available M-F 9-5

Family Planning (GHHD)

532-8631

Monday-Friday 8:00-5:00 (Closed 12-1 pm for lunch)

Quality, low-cost health care services. Services offered include complete exam, family planning services, and test for pregnancy, counseling and referrals. No one will be denied services because of age, race, sex or handicapping conditions. Parental consent is not required for minors. Fees based on sliding fee scale, i.e., family size and total family income. No one will be denied services because they are unable to pay. Medical coupons accepted.

Confidentiality is always maintained.

*Servicios en español disponible.

Fathers Network

425-653-4286

www.fathersnetwork.org

Information, support or advocacy

First Steps for Teens (GHHD)

532-8631 ext 237 OR

800-322-2588

Monday-Friday 8:00-5:00 (closed 12 – 1 pm for lunch)

2109 Sumner Avenue

Aberdeen, WA 98520

For teens and women at risk who are pregnant and eligible for Medicaid. Provides prenatal care and assistance, maternal support services including; health nursing, nutrition and psychological services.

* *Servicios en español disponible.

Food Stamps (DSHS)

537-2600/800-865-7801

Monday-Friday 8:00-5:00

This department will provide eligible households with emergency food stamps within five days of application.

Eligibility based on income and resources. May qualify if combined income and resources are less than current rent or mortgage. Verification of ID, income, residence and alien status.

*Servicios en español disponible.

Friendship House

533-2221

Emergency Housing for single women and mothers with small children.

Clothing Bank open Wednesday & Friday 12:00-2:00

513 North G Street

Aberdeen, WA 98520

Provides emergency shelter for women and children

Grays Harbor College

Transition Program

Adult Basic Education

538-4167

1620 Edward P. Smith Drive

Aberdeen, WA 98520

Grays Harbor College Whiteside Center 533-9733

GHC offers a wide variety of courses and programs to all individuals interested in pursuing education. Students can improve basic education skills to prepare them for changes in jobs or life situations. ESL & GED preparation courses also offered.

Grays Harbor College Job Placement Office

538-4098

Thursdays 9:00-2:00

This office assists in job placement on or off campus and with career planning and resumes.

Work Study programs.

Grays Harbor College Disabilities Support Services

538-4068

538-4223 (TDD/TTY)

This department of the college provides interpreters for students who are currently taking classes and have a hearing disability.

Grays Harbor Community Hospital

532-8330

915 Anderson Drive

Aberdeen, WA 98520

Emergency room open 24 hours per day. X-ray, lab services Available

Grays Harbor Hospital Physical, Occupational, and Speech Therapy

537-6032

Community Resource Guide Grays Harbor County 2010-2011
1006 North H Street
Aberdeen, WA 98520

Grays Harbor County Public Health and Social Services Department

532-8631 Monday-Friday 8:00-12:00 & 1:00-5:00
2109 Sumner Avenue
Aberdeen, WA 98520
www.ghphss.org

* *Servicios en español disponible.

Grays Harbor Feeding Team (GHHD)

532-8631 Shona ext 248, Julie ext 236
For information and referral

Grays Harbor Housing Authority

532-0570
Monday-Wednesday and Friday 8:00-4:15
602 E. First Street
Aberdeen, WA 98520
Provides low-income families with subsidized housing. 415 units, 178 Section 8 vouchers county wide.

Grays Harbor Transportation Authority Handicapped Dial-A-Ride

532-2770/800-562-9730
Weekdays 5:00 a.m.-9:30 p.m.
705 – 30th Street
Hoquiam, WA 98550
Provides county wide public transportation for disabled citizens of Grays Harbor County. Schedule before 4:00 for following day.

Grays Harbor Youth Center

24 hr. Referral & Info Line
360-589-3259
111 E. 4th St
Aberdeen
A temporary safe place for Teens between the ages of 13 & 17. Breakfast, Dinner and Snacks
Referrals and resources
Homework assistance
Who can use Grays Harbor Youth Center?
Troubled teens who are in need of a break from parents to help mend the family.
Teens from families impacted by domestic violence who need to find a safe place while the abused is trying to escape or resolve the abuse.
Homeless families with teens that are too old for other shelters.

Habitat for Humanity of Grays Harbor

533-8090
PO Box 271
114 South I St. Suite 403
Aberdeen, WA 98520
Located in the Becker Building
Builds homes for low-income families on DSHS.
Hodgepodge Re\$store
Tuesday – Saturday

360-612-3516

Recycles overstocks, discontinued, new and used building materials and more.

Harbor Crest Behavioral Health

533-8500 24 hours
1006 North H Street
Aberdeen, WA 98520
www.harborcrestbh.org
Adult treatment facility for drug and alcohol related abuse. A dual diagnosis medical facility specializing in treatment of pregnant women.
Intensive inpatient and outpatient treatment
Drug testing facility
DWI assessment/Evaluations
Alcohol; drug; information school available.
Translator accessible.

Harbor Home Health & Hospice

532-5454
Monday-Friday 8:00-5:00
201 7th Street
Hoquiam, WA 98550
www.myhhh.org
This organization provides in-home nursing home health and hospices. A physician's referral is needed before any services can be performed.
In home speech, physical, occupational and medical social workers available along with bathing assistance provided by certified nursing assistants.

Healthy Kids Now

1-877-543-7669
Referrals for free or low cost child health insurance and eligibility screenings for DSHS programs

Heart-in-Hands Pregnancy Care Center

532-1104
PO Box 32
6511 Olympic Hwy
Aberdeen, WA 98520
Free pregnancy and maternity care services. Free pregnancy test. Clothing for moms and babies available.
Please call for appt.

Home and Community Service

533-9218 OR 800-487-0119
503 W. Heron Street
Aberdeen, WA 98520
In-Home Care Services provides assisted living and adult family home services. It is a state office for in-home care and nursing home sub agencies.

Hopkins Early Learning Center

Hopkins School
538-2190
7:30-3:30
1313 Pacific Ave.
Aberdeen, WA 98520
Birth to 5 preschool, IEP Assessment

Hoquiam Food & Clothing Bank

533-4909

Monday and Wednesday 12:00-2:00

720 "K" Street

Hoquiam, WA 98550

Hoquiam Therapy Services Physical & Occupational Therapy

For Children and adults

Mon- Fri 8-5:30

532-0544

501 8th Street

Hoquiam, WA 98550

Immunization Services (GHHD)

532-8631 Ext 0

Immunizations for children and adults, TB skin testing. By Appt Only.

Infant Toddler Early Intervention Program

533-9414

Monday-Friday 8:00-5:00

359 N. Division

Aberdeen, WA 98520

Helping families who have children under 3 years old who have health, vision, and hearing or with developmental concerns. The program also connects with community resources.

*Servicios en español disponible.

Legal Resources

Columbia Legal Services, 1-360-943-6260 or 800-260-6260. Screen M-F, 9-12 and 1-3

Grays Harbor Courthouse Facilitator, 249-3842. Assist prosecutor in family law cases; M-F 1-5 screening.

Northwest Justice Project, 1-888-201-1014, 533-2282, screen M-F 9-12. Provide advice-only for family law cases.

Legal Voice

866-259-7720

Free legal information line.

Provides legal information over the phone only.

M-Th. Various hours- Call for specific

Lincare, Inc.

532-5287

Mon – Fri 8:00-5:00

400 E. Wishkah St

Aberdeen, WA 98520

Oxygen, Respiratory Supplies

Medicare and Medicaid accepted

Literacy Hotline

Directory available online only at: www.LiteracyNOW.info

Mark Reed Hospital

495-3244 24 hours

322 South Birch Street

McCleary, WA 98557

Emergency room services, X-ray, lab. Mark Reed Health Care Clinic – 495-3500

Mary Bridge Children's Health Center

800-552-1419

www.marybridge.org

Mary Bridge - Olympia Clinic

800-552-1419, 459-6175

200 NE Lilly Rd

Olympia, WA 98506

Specialty clinic access by Doctor Referral only.

Maternal Child Health (GHHD)

532-8631

Monday-Friday 8:00-5:00

Serving mothers, parents, infants and/or children. Visit parents and babies to facilitate bonding, parental competence and confidence. Evaluate infants and children for normal growth and development patterns and teach positive parenting skills.

Medical Assistance

537-2600/800-562-3022

Monday-Friday 8:00-5:00

Serving persons ranging from children to elderly to provide coverage for hospitalization, doctors, prescriptions and medical transportation, etc. Current monthly income verification as well as projected income, and if possible, the last three months income. By appointment.

Medical Transportation (See also, Retired Senior Volunteer Program)

532-4900/800-828-4883

Monday-Friday 8:00-5:00

117 E 3rd Street

Aberdeen, WA 98520

Fax: 360-532-4623

This service provides transportation for people who do not have transportation to and from medical appointments. It services low-income and Medicare eligible and is by appointment only. Offers enrollment work sites such as reading buddies, tutors, which are facilitated by volunteer senior citizens for more than 200 work sites; this is part of their retired senior volunteer program. Work is done for some small fund raising for private medical funding.

Migrant Program – Aberdeen School District

538-2018

216 N. G Street

Aberdeen, WA 98520

Spanish-speaking interpreter and advocate for Hispanic migrant families.

*Servicios en español disponible.

Montesano Food Bank

249-4163

Friday 1:00-3:00

213 West Spruce Street

Montesano, WA 98563

Open the first 4 Fridays of every month.

Narcotics Anonymous

360-249-1008 Help Line
P.O. Box 374
Hoquiam, WA 98550

National Suicide Prevention Hotline

800-273-8255
800-273-TALK

Neighborworks of Grays Harbor

533-7828
Monday-Thursday 8:00-5:00
710 E. Market St.
Aberdeen, WA 98520
ANHS works hard to keep the American dream of home-ownership alive and well in Grays Harbor County, provides a wide variety of housing services.

Northwest Indian Treatment Center

Office- 8:00-5:00
360-482-2674 Emergency-24 hours
308 E. Young Street
P.O. Box 477
Elma, WA 98541
Treatment and rehabilitation center for alcohol and drug abuse. Patients must be referred by their doctor, DSHS, or other institution. Open 24 hours.

Nursing Home Ombudsman

360-533-5100 ext 120 (CCAP)
Advocate for residents in long-term healthcare facilities.

Olympic Area Agency on Aging

800-801-0060
360-532-0520
Monday – Friday 8 -4:30 pm
2700 Simpson Avenue
Aberdeen, WA 98520
In-home care programs provide support for 60 and older. Serve unpaid care givers of adults; provide information, resources, and referrals. Help to direct seniors to the necessary services available.

Operation Lookout

800-782-SEEK
800-LOOKOUT
Hope for Missing Children.
24 hour hotline for sightings of missing children. Online missing child registration
www.operationlookout.org

Paperwork (Process) Servers

Verene Castleburg 533-0598
Castleburg Courier
Paper Chase - 249-6501

Parent to Parent & ARC of GH

537-8814
Provides support for parents of children with special needs.

Prosecuting Attorney's Office

360-249-3951
Monday-Friday 8:00-5:00
102 W. Broadway RM #102
Montesano, WA 98563
Prosecutes criminal, civil, dependency, paternity, and child support cases.
Family Support Division, 108 W Marcy, Montesano (249-4075).
Child Support Enforcement Cases 360-249-4075

Quinault Tribal Housing Authority

360-276-4320
209 Spruce Street
Taholah, WA 98587

Quinault Indian Nation

276-8215
888-616-8211
Monday-Friday 8:00-5:00
P.O. Box 189
124 Aalis Dr
Taholah, WA 98587
Child care and Head Start services.

Retired Senior Volunteer Program (See also,

Medical Transportation)
532-4900
117 E. Third Street
Aberdeen, WA 98520
Seniors Volunteer in Non-Profit Organization.

Roger Saux Clinic

276-4405
Monday-Friday 8:00-4:30, Thursday 10-5
533-8724 Emergency after hours
P.O. Box 219
1505 Kla-ook-wa Dr.
Taholah, WA 98587
Provides basic medical services, urgent care and pharmacy. Provide referrals to other medical facilities. Serves eligible Native Americans.

(The National) **Runaway Switchboard**

Hotline 800-621-4000
1-800-Runaway

Salvation Army

533-1062
118 West Wishkah
Aberdeen, WA 98520
Furniture, clothing, appliances available through the Thrift Store.
Food Bank- Tuesday and Thursday
10:00-12 & 1:30-4.
Life skills counseling.
www.graysharborarmy.org

Sea Mar Medical

Medical and outpatient behavioral health
538-1293

Mental Health 538-1461
Monday-Friday 7:00-6:00
1813 Sumner Avenue
Aberdeen, WA 98520

Sea Mar provides health care to anyone, does accept CHPW, Sliding fee scale is available depending on income and size of family. A payment is requested on day of service. Client is required to bring proof of income.

Social Treatment Opportunity Program (STOP)

533-4997
Monday-Friday 9:00-5:00
114 North Park St.
Aberdeen, WA 98520

Drug and alcohol treatment for youth and adults, and other services such as Domestic Violence and Anger Management. Drop-ins and appointments welcome.

St. Mary's Catholic Church

Catholic Community Services – Feeding Program
533-9470/532-8300
306 East Third Street
Aberdeen, WA 98520

Lunch is served Sunday through Friday from 1:00 p.m. to 2:00 p.m. Drop-ins welcome.

STOMP/PAVE

800-572-7368
Specialized training for military parents

TANF –Temporary Assistance to Needy Families (DSHS)

537-2600
800-548-2353
TTY 360-533-9439
Online application at
www.onlineapp.dshs.wa.gov

Monday-Friday 8:00-5:00
415 West Wishkah Street
Aberdeen, WA 98520

Serving families with children. A grant assistance program intended to provide eligible households with financial assistance for basic living needs. Household must contain one parent and child (ren) 17 years old or under, or a relative (someone other than parent) that a child (ren) 17 years old or under is residing with. Mandatory verification required includes: identification, citizenship, income, and Social Security number. Questionable information may require verification such as: rent, utilities, household composition, relationship, resources and school attendance. Eligible persons receive a monthly grant for their needs. By appointment, will take walk-in applications. Working connections child care state wide referral line. Medical alone is done over the phone at 1-877-980-9180 (toll free).

Teen Hotlines

800-562-1240 WA state line; Teen/ Parent Hotline {Girls/ Boys Town Hotline}

800-448-3000. For parents and youth.

For parents having problems with youth placement options.
English/ Spanish

Teen Hotlines (for parents)

(Treatment Center information); 800-793-5156 (Parent Resources Hotline)

Teen Parent Warm Line

888-404-7763

Union Gospel Mission

Feeding Program
533-1064
405 E. Heron, P.O. Box 859
Aberdeen, WA 98520
M-F: breakfast served 7 a.m., lunch 12 p.m. and dinner 7 p.m., Saturday: breakfast served 10:30 a.m. and dinner served 5 p.m. Sunday: breakfast served 7:30 a.m. and dinner served 4 p.m. Furniture annex & Men's Clothing Bank M-F 3:00-4:30 Youth Feeding Programs 21 and under

United Way

532-6260
Monday-Thursday 8:00-4:00
101 E Market Street #544
Aberdeen, WA 98520

Volunteer organization provides financial and technical support to local health & welfare agencies to meet the most critical needs of our communities.

Vocational Rehabilitation Dept of

538-6572/800-637-5627
511 W. Heron St
Assists people with disabilities to prepare for, obtain, and retain employment. Vocational rehabilitation programs are custom designed for each individual.

Volunteer Chore Services

(Catholic Community Services)
360-637-8563
P.O. Box 1734
Aberdeen, WA 98520
Serves elderly, disabled adults with medical transportation, housework, shopping.

Washington Commission for National Community (AmeriCorps)

360-902-0656
Monday-Friday 8:00-5:00
P.O. Box 43113
Olympia, WA 98504
Information on the AmeriCorps National Service Program for those who wish to become involved with community service. Will refer people who want to do volunteer work.

Washington Poison Control Center

800-222-1222 24 hours daily
155 NE 100th, Suite 400
Seattle, WA 98125-8012
Consultation available over the phone.

Community Resource Guide Grays Harbor County 2010-2011
Website www.wapc.org

Washington State Insurance Commissioner

800-562-6900
www.insurance.wa.gov

Washington State Migrant Council

Administrative office
1-509-837-2225
Monday-Friday 8:00-5:00
105 South 6th Street Suite B
Sunnyside, WA 98944
Head Start/ ECEAP program services for migrant families.
www.wsmconline.org/

West Coast Hearing Clinic

533-0633

WIC (GHHD)

532-8631 ext. 244
800-464-7277
Monday-Friday 8:00-5:00
Pregnant and breast feeding women, infants and children to age 5. WIC provides quality nutrition and health education through free food vouchers, health assessments, counseling sessions and appropriate referrals. Photo ID, income documentation and proof of pregnancy required. By appointment.
*Servicios en español disponible.

WorkFirst

Monday-Friday 8:00-5:00
1620 Edward P. Smith Drive
Aberdeen, WA 98520
360-538-2383
This office provides funding, resources, and help for working families to develop skills for use in the work force. Work based assistance program for low-income and mostly

TANF recipients can qualify for free books, tuition and fees. Work-study positions on campus, on-site child care.

Working Connections Child Care

800-446-1114
<https://fortress.wa.gov/dshs/f2ws03esaapps/online.cso/wccc.asp>

WorkSource Grays Harbor

360-533-9318
TTY 360-533-9714
Monday-Friday 8:00-5:00
511 W. Heron
Aberdeen, WA 98520
This agency provides employment services to people with disabilities, displaced workers, employment readiness, unemployment insurance, VA benefits, and youth employment services. Computers available, job search resource center. Appointments and drop-ins are welcome.
**Servicios en español disponible.

WSU Cooperative Extension Office

482-2934
Monday-Friday 8:00-5:00
32 Elma-McCleary Rd
Elma, WA 98563
Coop. Ext. is a national education network. Their purpose is to provide information for dealing with issues that affect daily life, improving nutrition, diet and health, 4-H and youth, master and gardening advice.

YMCA of Grays Harbor

Monday-Friday 5:00a.m-9; 00p.m
Saturday 7:00a.m-7:00p.m,
Sunday 12:00-5:00p.m
2500 Simpson Avenue
Hoquiam, WA 98550
360-537-9622
The organization provides a gym and sports services, and a Senior Companion Program.

Libraries ♣ Health ♣ Schools

Libraries

Aberdeen	121 East Market	533-2360
Chehalis	76 NE Park St	360-748-3301
Elma	118 North 1st St.	482-3737
Hoquiam	420 7th St.	532-1710
McCleary	121 South 4th St.	495-3668
Montesano	125 South Main St.	249-4211
Ocean Shores	573 Point Brown Ave NW	289-4360
Quinault Indian Nation Tribal Library	Tahola	360-276-8211
Westport	506 North Montesano	268-0521
Wishkah	4640 Wishkah Rd.	533-3128
Website	www.timberland.lib.wa.us	

Health

Assured Home Health and Hospice	537-2743
Dental Access Program	532-0520
Grays Harbor Community Hospital	532-8330
Harbor Home Health & Hospice	532-5454
In Home Care Program (Coastal Community)	533-5100
Mark Reed Hospital	495-3244
Personal Service Providers	538-1540 or 538-0520
Vocational Rehab DSHS	360-537-2639
Sea Mar	538-1293
Senior Health Insurance Benefit Advisor	532-4900
Union, 6960 E Hwy 101	895-2653

Schools

A. J. West Elementary	538-2130
Beacon Avenue Elementary	249-4528
Central Elementary School	538-8230
Central Park Elementary	538-2170
Cosmopolis Elementary	532-7181
East Grays Harbor High School	482-5086
Elma Elementary	482-2632
Elma High School	482-3121
Elma Middle School	482-2237
Emerson School	538-8240
Harbor High School	538-2180
Hopkins Developmental Preschool & Assessment	538-2190
Hoquiam High School	538-8210
Hoquiam Middle School	538-8220
JM Weatherwax High School	538-2040
Aberdeen High School	
Lincoln School	538-8250
McCleary Grade School	495-3204
McDermoth Elementary	538-2120
Miller Jr. High	538-2100
Montesano Jr. Sr. High	249-4041
Ocean Shores Elementary	289-2147
Ocosta Elementary School	268-9125
Ocosta High School	268-9123
Robert Gray Elementary	538-2140
Simpson Ave School	249-4331
Stevens Elementary	538-2150
Washington Elementary	538-8260

Higher Education Center

Grays Harbor Community College	1620 Edward P. Smith Dr. Aberdeen, WA 98520	360- 538-4026 800-562-4830
GHCC offers a complete array of academic courses that are necessary to earn an Associates Degree. The college also offers a variety of student and community activities, including cultural events and sports competitions.		
The Evergreen State College	2700 Evergreen Parkway Olympia, WA 98505	360- 867-6000
An accredited school offering BA, BS, and post- graduate degrees. Day care center on campus.		
South Puget Sound Community College	2011 Mottman Road SW Olympia, WA 98512	360- 754-7711
An accredited two-year school offering technical, vocational, and academic courses. Also offers adult education classes including bilingual education, adult basic education, GED review, and a wide range of parenting skill classes. Daycare center on campus. Call for a catalog.		
St. Martin's College	5300 Pacific Ave SE Lacey, WA 98503	360- 491-4700
An accredited four-year private Catholic college that offers Bachelor of Arts and Bachelor of Science Degrees in a variety of fields. Call for a catalog and free information		
WSU Online Degree Program	CTR for Distance & Professional Pullman, WA	800-222-4978
Distance learning program through closed circuit set up through Grays Harbor College		
Superintendent of Public Instruction	Old Capitol Building 600 Washington St. SE Olympia, WA 98504-7200	360- 725-6000 TTY 360-664-3631

City Halls

Aberdeen City Hall
200 E. Market
Aberdeen, WA 98520
533-4100
Monday-Friday 8:00-5:00
Closed 12:30-1:30 for lunch

Elma City Hall
2nd & Main
Elma, WA 98541
482-2212
Monday-Friday 8:00-4:30

McCleary City Hall
100 S 3rd St.
McCleary, WA 98557
495-3667
Monday-Friday 8:00-5:00

Cosmopolis City Hall
1300 1st
Cosmopolis, WA 98537
532-9230
Monday-Friday 9:00-5:00

Hoquiam City Hall
609 8th St.
Hoquiam, WA 98550
532-5700
Monday-Friday 8:00-5:00

Montesano City Hall
112 N Main St.
Montesano, WA 98563
249-3021
Monday-Friday 8:00-5:00

Public Officials

PRESIDENT

President Barack Obama
1600 Pennsylvania Avenue
Washington, D.C. 20510
(202) 456-1414

GOVERNOR

Christine Gregoire
Office of the Governor
P.O. Box 40002
Olympia, WA 98504
902-4111, 753-6780
www.governor.wa.gov/

UNITED STATES SENATORS

Senator Patty Murray
District office:
2988 Jackson Federal Building
915 Second Avenue
Seattle, WA 98174-1001
(206) 553-5545
www.murray.senate.gov/

Senator Maria Cantwell
District office:
915 Second Ave, Suite 3206
Seattle, Washington 98174
(206) 220-6400
www.cantwell.senate.gov/

UNITED STATES REPRESENTATIVES

6th Congressional District:

Olympic Peninsula, Port Angeles, Tacoma, Bremerton.

Congressman Norm Dicks

District office:
1717 Pacific Ave, Ste 806,
Tacoma, WA 98402
(253) 593-6536/1-899-947-NORM

STATE LEGISLATORS

LEGISLATIVE HOTLINE 1(800) 562-6000 Hours: M-F 8 a.m.-8 p.m., and Saturday 9 a.m.-1 p.m. during Session, starting 2nd Monday in January for 60 consecutive days. Call for information on specific bills, or to leave a message for a legislator.

19th Legislative District:

Pacific & Wahkiakum, S. Grays Harbor & W. Cowlitz

Senator Brian Hatfield
239 John A. Cherberg Building
PO Box 40419
Olympia, WA 98504-0419
(360) 786-7636
Representative Dean Takko
421 John L. O'Brien Bldg.
P.O. Box 40600

Olympia, WA 98504
(360) 786-7806

Representative Brian Blake

339 John L. O'Brien Bldg.
P.O. Box 40600
Olympia, WA 98504
(360) 786-7870

24th Legislative District:

Senator James Hargrove

411 Legislative Bldg
P.O. Box 40424
Olympia, WA 98504-0424
(360) 786-7646

Representative Lynn Kessler

339A Legislative Bldg
P.O. Box 40600
Olympia, WA 98504-0600
(360) 786-7904

Representative Kevin Van De Wege

316 John L. O'Brien Building
PO Box 40600
Olympia, WA 98504-0600
(360) 786-7916

35th Legislative District:

Mason County, Parts of Kitsap, Thurston & Grays Harbor

Representative Kathy Haigh

431 John L. O'Brien Bldg.
P.O. Box 40600
Olympia, WA 98504-0600
(360) 786-7966

Senator Timothy Sheldon

412 Legislative Bldg
P.O. Box 40435
Olympia, WA 98504-0435
(360) 786-7668
(360) 786-7902

Representative Fred Finn

430 John L. O'Brien Building
PO Box 40600
Olympia, WA 98504-0600
(360) 786-7902

Voter Information

Districts: If you have any questions about which legislative district, congressional district or county commissioner district you are in, call the county Auditor's office at (360) 249-4232.

Who is Eligible: A U.S. citizen, legal resident of Washington, 18 years old or older by the date of the next election.

Where to Register: Pick up mail-in registration forms at the county courthouse, election offices, city and town clerk's offices, public libraries, public schools, fire stations, or the League of Women Voters. You can also register or update your voter registration address when you renew your driver's license.

When to Register: By mail, at least 30 days before an election. In person (for new applicants only), at least 15 days before an election. When registering in person, contact the county Auditor's office at (360) 249-4232 for designated location (usually the county Auditor's office).

Re-Register if You: move outside your registration county, change your name, or fail to keep a current mailing address on file with the county Auditor's office. **For More Information:** Call the Grays Harbor County Auditor's office at (360) 249-4232 (Western Washington only).

State of Washington Toll Free Hotline Numbers

Other “800” Toll Free Numbers and Hotlines

Access Mobility Systems (AMS)

1-800-854-4176

Hours: Monday-Friday 8-5p.m, Saturday 10-2

For wheelchair accessible vans, van conversions, driving aids, Jazzy Power Chairs, scooters, wheelchair and scooter lifts, tie-down restraint systems, wheelchair and scooter rentals, seat relocation, transfer seats, pedal extensions and vehicle grab bars. If it is not mentioned here, please ask.

Adoption Counseling and Referral for All Children

1-800-BABY DUE

Counseling and referral for both birth and adoptive parents through Catholic Community Services

Aids Hotline

1-800-272-2437 (state office) 8-5 M-F

1-800-458-5231 (National Hotline, 24 hours)

1-800-344-SIDA (Spanish Hotline)

1-800-AIDSTTY (Hearing impaired)

Washington State AIDS Program

Airdustrual Park Building 9

Department of HealthHIV/AIDS Prevention

PO Box 47840

Olympia, WA 98504-7840

Recording off current AIDS statistics, HIV transmission information, HIV counseling/testing sites, HIV/AIDS symptoms, and other sexually transmitted diseases. Health professional comes on line to answer questions. Client services, antibody test information, video tapes and education information for schools and clinics. Cooperation through Health Department to give seminars, etc.

Alanon & Alateen Hotline

24 Hours

Website: www.wa-al-anon.org

For anyone living with an alcoholic or drug dependent person and for teens. Telephone crisis intervention and referral. Groups meet at different times and places.

Alcohol/Drug 24 Hour Helpline

1-800-562-1240

Crisis intervention. Information and referral for those using and abusing substances and for those affected by the abuser. Youth Chemical dependency and domestic violence referrals. Youth chemical dependency and domestic violence referrals. Referrals throughout Washington State. No fee.

American Council for the Blind

1-800-424-8666

Hours: Monday-Friday 9-5

Website: www.acb.org/

A.L.I.V.E Shelter

1-800-500-5518 or dial 911

Hours: 24 Hour (Location confidential)

24 hour shelter for battered women and their children (some age restrictions), medical referrals, legal advocacy, support groups, volunteer resources and other social services.

North Kitsap/Bainbridge Island: (206) 780-2931 (accepts collect calls)

American Kidney Fund

1-800-638-8299

America’s Promise-The Alliance for Youth

1-888-559-6884

Website: www.americaspromise.org/

The VFW helps mentor organizations, recruits youth to volunteer at VA Medical Center and Veterans’ homes, recognizes youth and adult leaders for their volunteerism. Call for further information or visit the website.

AMC Cancer Information & Counseling Line

1-800-525-3777

Angel Flight

(877) AIRLIFE (877-247-5433)

Hours: Monday-Friday 7-4:30p.m Pacific Time

Air Lifeline is a national non-profit charitable organization of over 1,000 private pilots who fly ambulatory patients who cannot afford the cost of travel to medical facilities for diagnosis and treatment. Our pilots donate their time, aircraft and fuel to make this air transportation service totally free of charge for patients who qualify.

Assistance Finding a Physician and Questions Regarding Medical Coupons

1-800-561-3022

Association for Retarded Citizens (ARC)

(360) 377-3473

3243 N. Perry Ave., Bremerton

Hours: Monday-Friday 9-5

Website: www.arcwa.org/

Programs to assist the developmentally disabled. Education & Classes, Parent to Parent support, social opportunities, counseling and care provider referrals. ARC has also has a Camp program. Membership encouraged but not required.

Attorney General Consumer Protection

1-800-551-4636

Auto Safety Hotline

1-800-424-9393

Basic Health

(800) 826-2444 or TDD (888) 923-5622

Website: www.basichealth.hca.wa.gov/

Affordable health care coverage for those that are income eligible. Participant needs to call for an application. No local branch offices. Currently they are taking children and pregnant women only.

Cancer Hotline

1-800-422-6237

Prevention, detection, and treatment information.

Chemical Referral Center

1-800-262-8200

Safety information on chemicals, household products, disposal of dangerous chemicals.

Child Abuse Hotline

1-800-562-5624

24-hour hotline, Shelter and help for abused children up to 18 years of age. Referrals available for foster care, adoption.

Child Find of America

1-800-I-AM-LOST/1-800-426-5678 for parents of children who have run away.

1-800-A-WAY-OUT/1-800-292-9688 for parental abduction mediation.

24-hour national hotline number for missing children.

Child Help USA

1-800-422-4453

National child abuse hotline. Information and referral to emergency counselors for abused children. Also help with runaways and domestic violence. Volunteers and donations accepted. Child Help USA

Child & Family Health Programs

1-800-841-1410

WIC, First Steps information.

CLEAR (Coordinated Legal Education, Advice & Referral System)

1-888-201-1014

TDD 1-888-201-9739

60+ 1-888-387-7111

Free legal assistance for low-income people with non-criminal matters. For residents of Washington.

Columbia (Legal Services)

1-800-822-0225

Hours: Monday-Friday 9-5

Free legal counseling to seniors. The counseling is offered for CIVIL issues only. Participant needs to call for information and eligibility. To see if an elder qualifies please call: (888) 387-7111.

Consumer Resource Center/Attorney

General's Office

1-800-551-4636

Hours: Monday-Friday 9-4

Provides information and informal mediation of disputes to consumers businesses. Cannot provide legal services or act as attorney's for anyone. Participant needs to call for detailed information on this program.

Covenant House Nine Line

1-800-999-9999

24 Hours and Nation Wide

Crisis line for runaways and their families. Discuss frustrating situations or parents can call if their children are runaways. Kids can call to get help in returning home or getting out of an abusive situation.

Department of Services for the Blind

1-800-522-7103

Hours: Monday-Friday 8-5p.m

Website: www.wa.govdsv.com

Provides vocational rehabilitation, business enterprise program, orientation and training program, child and family services, independent living programs for older adults and visually impaired persons.

Deployment Health Clinical Center Helpline

1-800-796-9699

Callers who are experiencing health problems due to any deployment can call to set up a medical evaluation and get information.

Diabetes Hotline

1-800-628-8808 9-5 M-F

557 Roy Street Lower Level

Seattle, WA

Information on youth activities and camp, library, special events, literature and educational materials. Information available in Spanish.

Division of Child and Family Services (Mason County)

1-888-283-2634 or (360) 432-2050

Hours: Monday-Friday 8-5

Investigates complaints of neglect and abuse of children, provides protection for abused children, incest therapy, parenting skills, infant care classes, individual and family therapy. Also offers help with runaways, foster home placement, childcare referrals and more.

Domestic Violence Hotline

1-800-562-6025 24-hour hotline

Provides crisis counseling, information, support, and referrals to victims of domestic violence and their families. No fee.

Easter Seal Society of Washington

1-800-678-5708

157 Roy St., Seattle

Hours: Monday-Friday 8:30-5

Website: www.seals.org/

The aim of Easter Seals is increasing independent living skills of persons with disabilities.

Fair Housing and Equal opportunity Hotline

1-800-877-0246

Hours: Monday-Friday 8-4:30

Website: www.hudweb.hud.gov/

Accepts complaints filed by people who feel they have been discriminated against based on race, color, sex, religion, family status, disabilities or national origin. Only for complaints against housing agencies.

Family Food Line

1-888-4-FOOD-WA (888-436-6392)

Connects clients with WIC services, Basic Food Program, free summer meals for kids, local food banks and meal sites and WIC and Farmers Market Nutrition Programs.

Family and Friends of Missing Persons and Violent Crime Victims

1-800-346-7555 24-Hour Crisis Line

Office Hours 10-4:30

Information or immediate assistance for referral and resources. For friends and family of adults missing for less than 1 year or if foul play is suspected. Also, survivors of homicide crimes and assault victims.

Family Help Line

1-800-932-4673 24 Hours

Trained volunteers assist parents with parenting issues.

Referrals. No fee.

Fair Housing Discrimination Hotline

1-800-424-8590

Gamblers Anonymous

1-800-522-4700 M-F 9:30-5 EST

Health Consumer Assistance

1-800-525-0127 1-800-833-6388

Healthy Mothers & Healthy Babies

1-800-322-2588 Hotline (free information on immunizations WIC etc.)

1-800-272-2588 (Bi-lingual, Spanish/English)

[(206) 284-7311] 8-7 M-Th, 8-5 F

300 Elliott Ave West, Ste 300

Seattle, WA 98119-4118

WIC, First Steps, Pre-Natal, Child Health, Immunization and Pregnancy information line. Medical care and coverage assistance. Free information packets to pregnant women. Referrals for immunizations, family planning, birth control. Free baby book. Statewide referrals.

Help For Working Families Program

1-877-980-9131

Hours: Monday-Thursday 8-6:30, Friday 8-4:30,

Saturday 8-11:30 a.m

Website: www.wa.gov/workingfamilies/

Provides information that can help with the costs of food, childcare, children's medical coverage and collection of child support. Helps dispel myths and raise awareness about the availability of these programs, so persons can make a well-informed decision about applying for benefits.

Hill Burton Act

(800) 638-0742

Program for people who are having trouble paying a hospital bill or need an operation but do not have the funds. Under the program, certain health care centers provide free or low-cost medical care to patients who cannot afford to pay. People can apply before they receive the care and after the bill has been sent to a collection agency. In Kitsap County, only the Kitsap Community Health Clinic is under this plan.

Homeless Childcare

377-0053 or (800) 338-3363

1201 Park Ave., Bremerton

Assists in locating and paying for childcare for children birth to age 12 on a short-term basis. Assistance must be for work/work search, housing search, medical and court or counseling appointments. Applicants must be homeless and within 125% of the Federal Poverty Guidelines.

Internal Revenue Services

1-800-829-1040

Medicare Hotline

1-800-562-3022

Hours: Monday-Friday 5a.m.-2:30p.m

Website: www.medicare.gov

Medicare recipients can find out how to access and use Medicare benefits. This office will try to answer questions or refer to a local agency that can help.

Miracle on Wheels

1-800-749-8778

Website: www.durablemedical.com

Some senior citizens 65 and older may qualify for a free or low-cost power wheelchair.

Naples Counseling Center

1-800-722-0100

In-patient treatment for food, alcohol, and drug addictions.

National Center for Missing and Exploited Children

1-800-843-5678

Referrals to local prevention and treatment services.

Staffed by professional therapists. Spanish interpreter.

National Child Abuse Hotline

1-800-422-4453

A resource for distraught parents who feel they are on the verge of physically abusing their children and from parents who were sexually assaulted in their childhood who now wish to prevent something similar happening to their children. Information and referrals for child abuse reporting. Referrals to local prevention and treatment services. Staffed by professional therapists.

National Alcohol and Drug Treatment Routing Service

1-800-662-HELP

Treatment options, literature; information and referral.

National Job Corps Alumni Association:

1-800-424-2866

Referrals to Job Corps vocational training programs for youth. Ages 16-24 economically disadvantaged or drop out. Residential type living setting.

Northwest Health Watch

(800) 521-8822

10215 Lake City Way NE Suite K, Seattle

Hours: Monday-Friday 9-5

Website: www.health-watch.com/

Services offered to disabled and/or elderly in which the client wears a push button device that enables them to summon for help without having to move or use the phone. The office receives the signal and dispatches for assistance.

Northwest Justice Project (CLEAR)

1-888-201-1014

Website: www.nwjustice.org/

Coordinated legal education, advice and referral system. Provides assistance in finding an attorney for the specific needs of the participant. Also may be able to find attorneys with a sliding scale or who charge an average for their practice.

Nursing Home Affairs Office of Complaints

1-800-562-6078

Nursing Home Residents Neglect Hotline

1-800-562-6078

Hours: Monday-Friday 8:00-4:30p.m

Use this number to anonymously report alleged abuse or neglect occurring in nursing homes, assisted living environments, adult homes and all care giving agencies for people over 18.

Office of Civil Rights

1-800-368-1019 or (206) 615-2290

Hours: Monday-Friday 8-4:30p.m

Website: www.os.dhhs.gov/

Part of DSHS that investigates discriminatory acts by departments within DSHS. Participants should call if they feel they have been discriminated against.

Oxford House of Washington/Wheaton House

(800) 486-6488

Location Confidential

Hours: 8a.m-8p.m

This house is for women who have been clean and sober for at least 30 days. They must sign a contract that covers 3 months. There are deposit and monthly fees. There is a zero tolerance policy here. If a participant is interested, they need to call for an interview. THIS IS NOT A SHELTER.

Paratransit Services

1-800-846-5438

A medical transportation broker under contract with the Washington State Department of Social and Health Services. They arrange free transportation to medical appointments through a variety of providers and community resources. Assistance includes bus passes, mileage reimbursement, volunteer drivers, paratransit vehicles, taxis and cabulances. Anyone who receives a state medical identification card and has no means of transportation to a medical appointment is eligible.

P.A.V.E. (Parents Are Vital in Education)

1-800-572-7368

Information on educational rights for handicapped children. Will do workshops if requested. Call toll free number for additional information.

Poison Control Center

1-800-732-6985 (serves all of Washington)

In an emergency situation, call 911 first (if life threatening). If not a crisis, call Poison Control Center. Before calling anyone, be ready to tell what was taken, the brand name, how much, when and how taken, (skin, eaten, inhaled), symptoms patient is having, age and weight of patient, and doctor. Whether taken by accident or deliberate. Before using Ipecac syrup call the poison center or doctor; it may not be necessary, and could be harmful in some cases. Call if you have any old medicine and you are wondering about using it.

Relatives as Parents Program/RAPP

1-800-932-4673 (Support Group)

Website: <http://parenting.wsu.edu/relative/index.htm>

This is a website for anyone raising a relative. Has information on resources available and support. The Northwest Women's Law Center has completed the second edition of "Grandparents Raising Grandchildren: A Legal Guide for Washington State", clients can access this guide through the website. Also has a support group.

Runaway Hot Line

1-800-621-4000

Adolescent crisis service and suicide hotline. For runaways and potential runaways, also open to any child that needs to talk. Services include sending messages to parents, setting up conference calls with parents, referring runaways to shelters for food, housing, and counseling. confidentiality of caller is maintained. No fees.

Sexually Transmitted Disease (STD) Hotline

1-800-227-8922

Discussion of symptoms and referral to nearest clinic throughout USA. No diagnosis.

Social Security

1-800-772-1213

Hours: Monday, Tuesday, Wednesday and Friday 8-4, Thursday 8-5

Website: www.socialsecurity.gov

Speech to Speech (STS)

1-877-833-6341 24 Hours a day

Free telephone access for people with speech difficulties.

Veterans Affairs Information and Referral

1-800-562-2308

Veterans Independent Enterprises of Washington/VIEW

1-800-748-6856

4630 16th St. E., Suite B-16, Fife

Hours: Monday-Friday 8-4:30

Provide life skills training, vocational testing, counseling and job skills training, work therapy, substance abuse after-care and transitional housing. Eligibility: varies depending on the program.

Voter Legislature Information Hot Line

1-800-562-6000 (during session)

Information on legislative issues and results of votes.

WA State Dept. of Affairs-Homeless Women

Veterans Assistance

(206) 205-5619 or (888) 341-7465 pager

Assists homeless women veterans find housing and employment.

Washington Basic Health Care Plan

1-800-826-2444 TDD (360) 923-2701

8-5 M-F

Washington Institutional Resource for the Visually Impaired

1-800-562-4176

Any resident of Washington that is not on Medicaid or has no comprehensive health insurance package is eligible. Premiums are based on age, family size, plan choice, and gross monthly income.

Washington Literacy Hotline

(800) 323-2550
Hours: Monday-Friday 9-5
Website: www.literacy.org/

Washington Talking Book & Braille Library

1-800-542-0866

Washington Telephone Assistance Program

Qwest..... (800) 244-1111
Century Telephone..... (800) 550-8110
Verizon..... (800) 483-4000
Sprint.....(800) 877-1125
Up to 50% discount on connection fees, monthly telephone service and waiver of local deposit. Have to be receiving a DSHS service; TANF, Refugee, GAU, Food Stamps, SSI/Medicaid or DSHS Chore services/COPEs. Does not help pay for overdue bills or shut off notice.

Washington State Migrant Education

Program

1-800-274-6084

Washington State-A Low Cost Dental Plan

(888) 227-9449
Website: www.alowcostdentalplan.com
Affordable low cost dental plan from \$6.95. No waiting periods, no maximum benefits, no claims forms or deductibles. Covers pre-existing conditions (except work in progress) and most procedures. Covers routine

orthodontia. Private practice dentists included. Vision plan included at no extra charge.

Washington State Address Confidentiality Program

1-800-822-1065 or (360) 753-2972 Olympia
Website: www.secstate.wa.gaov/forwardasp
Program helps people, who are afraid of being found by their abuser, keep their home; work or school addresses a secret. They can give substitute addresses, forward first class mail, without revealing the address. Program also helps people vote or get married without revealing the addresses. Program also helps people vote or get married without having those records released to the public.

Washington State Veterans Dept

1-800-562-2308
Provides veterans with information on the entire range of issues associated with benefits and entitlements

Washington Tobacco Quit Line

1-877-270-7867

Welfare Fraud

1-900-659-7000

Women, Infants, and Children (WIC)

1-800-841-1410
Nutrition and free food program for women, infants, and children.

Parks and Recreation

Aberdeen
200 E. Market Street
537-3230

Hoquiam
609 8th Street
532-5700 ext. 240

Mental Health Resources

Behavioral Health Resources
205 8th Street
Hoquiam, WA
532-8629

Sunrise Counseling
1200 N. Montesano Street #105
Westport, WA 98595
268-9051

Healthy Risk Counseling
315 West Marcy Avenue
Montesano, WA 98563
249-2297

Behavioral Health Resources
575 E. Main Suite "C"
Elma, WA
482-5358
800-825-4820

Free gambling addiction services provided
español disponible

Grays Harbor County Auditor	
Vehicle and Vessel Registration	Vehicle & Vessel Licensing
100 West Broadway Montesano, WA 249-4232	100 West Broadway Montesano, WA 249-4232 Mon-Fri 8-5
Driver's License Examining Office	
WA Dept of Licensing 719 8 th St Hoquiam, WA 98550 Tuesday, Wednesday and Friday 8:30-5:00 Thursday 9:30-5:00 Saturday 8:30-2:30	
Automobile Emission Testing and Information	
800-273-3780	

Tribal Contact Information	
Bureau of Indian Affairs	360-533-9101
Chinook Tribal Center	360-777-8303
The Confederated Tribes of the Chehalis	360-273-5911
Nisqually Indian Tribe	360-456-5221
Quinault Tribal Office	360-276-8200
Shoalwater Bay Tribal Center	360-267-6766
Skokomish Tribe –Tuwaduq Family Services	360-426-7788
Skokomish Tribal Council	360-426-4232
South Puget Intertribal Planning Agency	360-426-3990
Serves Native American Clients – Skokomish, Squaxin Island, Chehalis, Shoalwater Bay & Nisqually	
Social Services Manager	360-426-3990
Western Washington	800-924-3984
Squaxin Public Safety	360-426-5222
Chehalis Tribal Head Start Office	360-273-5514

Sound TO Harbor Head Start/ ECEAP



Administrative Office
308 West King Street, Suite One
Aberdeen, WA 98520
360-532-5001
FAX 360-533-5759

Elma Center

502 E. Young St.
Elma, WA 98541
360-482-3201

Maple Street Center

412 Maple Street
Aberdeen, WA 98520
360-532-2923

Ocosta Center

2580 Montesano Street
Westport, WA 98595
360-2685477

Rainbow House

514 Broadway Ave East
Montesano, WA 98563
360-249-0005

Riverside Center

308 West King Street
Aberdeen, WA 98520
360-533-9978

Child Care Partnerships

Discovery Center

1601 Young Street
Aberdeen, WA 98520
360-532-7429

Wonder Years

212 J Street
Hoquiam, WA 98550
360-532-6002

Clothing Banks	
Elma	482-2876
Friendship House Clothing Bank	533-2221
Grays Harbor Community Clothing Bank	532-1420
Hoquiam	533-4909
Salvation Army	533-1062
Union Gospel Mission	533-1064

Food Banks	
Aberdeen Mon-Wed 3:00-5:00 533-1088	House of God Ministries 3 rd Saturdays 11:00-1:00 537-5880
Catholic Community Services 533-9470	Humptulips Food Bank 360-987-2508
Christian Life Fellowship Church 2 nd & 4 th Thursday 10-12 538-0111	Montesano 249-4163
Copalis Community Church Food Bank 360-289-2233	The Salvation Army 533-1062 Tuesday & Thursday 1-11:46 & 1:30-3:45
Copalis Crossing Food Bank 360-0972	Union Gospel Mission 533-1064 Mon-Fri 3 meals 7:00 AM 11:45 AM 7:00 PM 3:00 PM Youth under 21 Only Weekends 2 meals Saturday 10:30 & 5:00 Sunday 7:30 & 4:00
Elma 3 rd Wednesday 10:30-4:00 Every Friday 1:00-4:00 360-482-4728	
Galilean Ocean Shores Food Bank 360-289-2764	
Hoquiam 12-2 Mon & Fri 533-4909	Westport 2 nd & 4 th Thursday 9:00-11:00 Emergency & regular Food Bank clients welcome & donations also received. 268-1686

**Types of assistance available for families with low incomes through
The Department of Social and Health Services.**

You can apply on-line for the following services at www.dshs.wa.gov

Go to the Online Services

TANF	"Temporary Assistance to Needy Families" Monthly income grants and medical assistance for eligible low-income clients who have children or who are in their third trimester of pregnancy. (WorkFirst is a TANF program.) Apply at your local CSO
WORKFIRST	WorkFirst is a TANF program that replaced what used to be called AFDC and the old JOBS Program. Parents with low-incomes receive a monthly grant for their family while working full pro part time until their wages are high enough to go off the grant. Families can receive the WORKFIRST/TANF grant for a lifetime limit of up to five years. Other services available through WorkFirst include: short-term job skills training, job placement services and help with wage progressions. Apply at your CSO
CASH DIVERSION FUNDS	A cash grant of up to \$750. which is given to families in emergency situations to help prevent them from needing to go on TANF. Apply at your CSO.
EMERGENCY CASH ASSISTANCE	If your family has an emergency and your need a one time cash payment to keep safe housing or utilities.
FOOD	Food coupons which can be used instead of money in grocery stores to purchase food. Emergency Food Stamps can be applied for in a crisis situation and the food stamps will be available to people on this program. Apply at your CSO.
GAU	General Assistance Unemployable. Cash grants available to people with no children who are unable to work due to injuries or disabilities that temporarily affect their ability to work. Medical Coupons are available to people on this program. Apply at your CSO. Limited to people who have permanent disabilities.
CHILD CARE SUBSIDY	The Working Connections childcare subsidy program is a wonderful resource available to working families. The state pays the family's childcare provider a portion of the cost of care and the family makes a co-payment which is determined by looking at family size and income. Co-payments start at \$15 per month. Apply at your CSO or ask Head Start staff for an application.
MEDICAL PROGRAMS	There are several subsidized medical programs available to low income children, adults and families. Health Options is a medical coupon program for children. Children can be partially insured on other programs and still be insured with Health Options. Health Options covers dental care, treatment and hospitalization. Basic Health is the state-subsidized medical insurance available to adults and is a program that covers the whole family. To receive an application packet for Basic

	Health or Basic Health Plus, call 800-826-2444. Receive an application for Health Options from your local CSO, or ask your Head Start staff for an application.
REFUGEE ASSISTANCE	Monthly grants, food stamps and medical coupons available for eligible refugees. Interpreter services available. Employable refugees must participate in contracted job training programs. Apply through DSHS refugee services at your local CSO.
ADATSA	Inpatient and outpatient treatment for chemical dependency. Apply at CSO.
FIRST STEPS PROGRAM	Provides low income pregnant women and their infants with medical coverage and case management support. Apply at CSO
FAMILY RECONCILIATION SERVICES	Free counseling for families in crisis. Assists families in conflict through in-home crisis intervention counseling services.
SUPPLEMENTAL SECURITY INCOME	Often referred to as SSI. Monthly cash assistance for clients who have a disabling condition that is expected to last one year or more. Apply at CSO
FAMILY PLANNING	Help with birth control and reproductive health care choices information, and referral to prevent unplanned pregnancies and sexually transmitted diseases. Get referral from CSO

HELPFUL TERMS TO KNOW

CSO	This term stands for Community Service Office. The CSO is the state office of The Department of Social and Health Services where people can apply for assistance.
IRP	This term stands for Individual Responsibility Plan. This is the contract that a person creates and signs with their case manager from DSHS when on a TANF cash grant under the WorkFirst program. It is a list of what the recipient agrees to do in order to receive the grant. Activities that may appear on an IRP include things like: Working 20-40 hours per week, looking for a job through Job Search, getting substance abuse treatment , attending short term classes, etc.
CASE MANAGER	Case Manager is a term that has a different meaning in different agencies. At DSHS, the Case Manager is in the role of assisting clients in applying for a qualifying for benefits.
CUSTOMER SERVICE SPECIALIST	Customer Service Specialists at DSHS help administer the childcare agencies. At DSHS, the social workers help administer the childcare subsidy program Working Connections.
SOCIAL WORKER	The Social Worker at DSHS provides case management to recipients with complex needs.
DEFERRAL	A person can get a deferral from being required to work in the WorkFirst program if there is a temporary situation in their life that impedes them from finding or keeping a job. Case Managers issue deferrals for thing like: substance abuse issues, domestic violence concerns, caring for a child with special needs when no

	appropriate care is available, etc. Deferrals are only temporary and the time spent in deferral is still counted as part of the 60 month lifetime limit.
EXEMPTION	A person can get an exemption from being required to work in the WorkFirst program only if they have an infant 3 months old or younger. This means that they can still receive their cash grant while staying home with their baby and the time will not be counted as part of their 60 month lifetime limit.

IF YOU HAVE A PROBLEM WITH THE WELFARE SYSTEM

FAIR HEARING	<p>A Fair Hearing is the process by which a person receiving assistance can have a grievance or complaint heard regarding their case. Anyone has the right to request a fair hearing if they think they have been treated unfairly.</p> <p>Before you request a Fair Hearing, it is best to try to resolve your problem with your Case Manager or Social Worker. If you are not satisfied with the response, you can ask to speak with the Lead Worker. One step above the Lead Worker is the Supervisor. If you are still not satisfied, you can ask to speak with the CSO Administrator or you can request a Fair Hearing. You can also call the DSHS Community Relations line at 360-902-7830 to register your complaints.</p>
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Welfare Rights Advocacy Group	<p>The Olympia WROC (Welfare Rights Advocacy Group) is an organization with the following mission:</p> <p>"To Effect economic and social justice by educating and empowering low income people especially those on public assistance, effect positive change in their communities and their lives."</p> <p>This group is made up of low income parents and community activists. For more information, call 360-352-9715</p>
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The following is a list of meetings

Olympia, Planning and Organizing meeting.	<p>First Monday of every month from 6:00-8:00</p> <p>5:30 Potluck</p> <p>Childcare provided</p> <p>United Methodist Church</p> <p>1224 Legion Way</p> <p>Olympia</p>
Know your rights workshop	<p>Every Tuesday morning 10:00-12:00</p> <p>701 Franklin SE</p> <p>Olympia</p>
Will schedule workshops for community groups and parent meeting.	



“Meeting People’s Needs ~ Online, Anytime“

<http://www.4people.org/western/graysharbor.html>

Resource and Referral List - Grays Harbor County

Crisis			
For emergency dial 911, or from cell phone 112	911, 112	Crisis Clinic:	360-532-4357 800-686-6556
American Red Cross	360-249-2341	Crisis Line	800-685-6556
Beyond Survival:	360-533-9751 888-626-2640	Domestic Violence Center of Grays Harbor	800-818-2194
Crime Victims Advocacy Network	866-711-2826		
Case Management			
Behavioral Health Resources	360-532-8629	Grays Harbor County Public Health	360-532-8631
Coastal Community Action Program (homeless case management)	800-828-4883	Grays Harbor Crisis Clinic	360-532-4357
Department of Veterans Affairs	800-562-2308	Grays Harbor Regional Support Network	360-532-8665
DSHS Aging & Disability	800-487-0119	Offenders Transitional Employment Resources - Worksource Center Grays Harbor	360-538-2340 360-538-2385
DSHS Division of Developmental Disabilities (DDD)	360-357-4360		
ESD (Homeless youth in school, see School Districts under EDUCATION SERVICES, below)	360-725-6050		
Child Care or Respite			
Child Care Resource & Referral:	360-533-5605	Aberdeen Division of Child Care and Early Learning:	800-451-9994 Ext. 4312
ARC of Grays Harbor:	360-537-7000 866-537-7272	Personal Service Providers:	360-538-1540
Child Development, Therapy Services or Screening Programs			
Grays Harbor Developmental Preschool:	360-538-2000	Educational Service District #113: -Head Start - ECEAP:	360-586-0212
Family Resources Coordinator:	360-533-9414	Aveda Audiology & Hearing Care Center:	360-532-2093
Grays Harbor Community Hospital: -Physical, Occupational & Speech Therapy:	360-537-6032	Division of Developmental Disabilities:	360-537-4360
Grays Harbor Feeding Team:	360-532-8631 x 229	Behavioral & Developmental Pediatrics:	360-533-7677
Hoquiam Therapy Services:	360-532-0544	West Coast Hearing Clinic:	360-533-0633
Elks Therapist:	360-956-9058	Infant & Toddler Early Intervention Program:	360-533-9414
Clothing, Furniture, House Wares			

Grays Harbor Community Clothing Bank:	360-532-1420	Hoquiam Food and Clothing Bank:	360-533-4909
YWCA:	206-461-4882		
Document Replacement, School Supplies, Quality of Life			
YWCA:	206-461-4882	Coastal Community Action Program:	360-533-5100
Education Services (Schools, Special Ed, School District)			
Aberdeen School District:	360-538-2018	North Beach School District:	360-289-2447
Montesano School District:	360-249-3942	North River School District:	360-532-3079
Cosmopolis School District:	360-532-7181	Oakville School District:	360-273-0171
Elma School District Preschool:	360-482-2632	Ocosta School District:	360-268-9125
Elma School District:	360-482-2822	Raymond Special Education:	360-942-3990
Hoquiam School District:	360-538-8200	Wishkah Valley School District:	360-532-3128
McCleary School District:	360-495-3204		
Employment			
WorkSource Grays Harbor:	360-533-9318 800-783-0657	Offender Employment Service:	360-538-2359 360-538-6574
Food Assistance			
Copalis Community Church Food Bank:	360-289-2233	Copalis Crossing Food Bank:	360-289-0972
Galilean Ocean Shores Food Bank:	360-289-2764	Humtulpils Food Bank:	360-987-2508
Health Insurance or Financial Assistance			
DSHS-Medical Assistance Administration (Info about Medicaid):	800-562-3022	Supplemental Security Income (SSI):	800-772-1213
DSHS:	800-737-0617	Healthy Kids Now (free or low cost child health insurance):	877-543-7669
Washington Basic Health Plan:	800-826-2444	Healthy Options Exemptions Case Managers:	800-794-4360
Washington State Insurance Commissioner (Info about insurance):	800-562-6900		
Home Care Services or Medical Equipment			
AARO Medical Supplies:	360-533-1200	Lincare, Inc.:	360-532-5287
Catholic Community Services:	877-870-1582	Personal Care Providers:	360-538-1540
Coastal Community Action Program:	360-533-5100	Harbors Home Health & Hospice	360-532-5454
Housing and Utilities			
Housing Authority of Grays Harbor County:	360-532-0570	Coastal Community Action Program:	800-828-4883
Grays Harbor Family Center:	888-415-4015		
Information, Support or Advocacy			
For Telephone Assistance	Dial: 2-1-1	Answers for Special Kids (ASK) Resource line:	800-322-2588
ARC of Grays Harbor:	360-537-7000 866-537-7272	Fathers Network:	425-747-4004 ext. 4286

SIGHT (support group for those with visual impairment):	360-538-2349	Parent to Parent:	360-537-8814
Children's Advocacy Center:	360-249-0005	STOMP-Specialized Training for Military Parents:	800-572-7368
Children's Allied Resources, Inc.:	360-532-6227	Twin Harbors Disability Services:	360-538-2349
United Cerebral Palsy of South Puget Sound:	253-565-1463 866-812-8736	Children's Resource Line:	866-987-2500
Washington P.A.V.E. (support/help with schools):	800-572-7368	Community Information Services:	360-532-7250
Crisis Line/Crisis Clinic (24 hours):	800-685-6556 360-532-4537	Family Voices of Washington (Info on healthcare policy):	360-866-8254
Medical, Dental or Behavior Health Services			
Behavioral Health Resources – Elma:	360-482-5358	Children's Hospital & Regional Medical Center:	206-987-2000
Grays Harbor Community Hospital – Aberdeen:	360-532-8330	Children's Hospital Aberdeen Outreach Clinic:	360-537-7026
Mark Reed Hospital – McCleary:	360-495-3244	Center on Human Development & Disabilities (CHDD) University of WA:	206-685-1242
Mary Bridge Children's Health Center:	253-594-1400 800-552-1770	Dr. Mark Tomlinson DDS, PS:	800-404-7512
Mary Bridge Olympia Clinic:	800-552-1419	Evergreen Counseling Services: Hoquiam -	360-532-8629
Dental Clinic North Beach:	360-538-1293	UW Center on Human Development & Disabilities (CHDD):	206-685-1242
Urgent Care Clinic: Aberdeen -	360-537-5405		
Public Health			
CSHCN Coordinator:	360-532-8631 Ext. 227	Grays Harbor County Public Health:	360-532-8631
Recreation			
Special Olympics:	800-752-7559		
Transportation			
Catholic Community Services:	360-538-1445	Paratransit (Medicaid eligible):	800-846-5438
Grays Harbor Transit:	360-532-2770		
Technology and Internet Access			
The John Spellman Library:	800-562-4830 Ext. 4050	Timberland Regional Library:	800-562-6022
Youth Services			
4-H of Grays Harbor:	360-482-2934	At Risk Program (Youth at Risk):	360-537-4300
Covenant House:	800-999-9999	First Steps for Teens:	360-532-8631 ext. 237

Child Abuse Supplement

Each year millions of children in this country are battered, bruised and exploited. A child dies every four hours of abuse or neglect. They are the fifth leading killers of children.

For most people, "It's a problem for someone else." However, child abuse involves more than just abuser and child. It involves the entire family and the entire community.

Generally, child abuse is divided into four categories:

- ◆ **Physical abuse:** a non-accidental injury of a child. This is characterized by bruises, welts, burns, fractures, bite marks, and sometimes, death.
- ◆ **Sexual abuse:** any sexual activity with a child.
- ◆ **Physical neglect:** the failure to provide medical care, appropriate clothing, supervision, housing or food.
- ◆ **Emotional abuse:** an area extremely hard to define, and often untreated. This can involve such behavior as constantly threatening a child, or attacking the child's sense of self-worth.

The following is a description of **CHILD PROTECTIVE SERVICES (CPS)**, their goals, objectives, and services.

Child Protective Services is a statewide program available in all geographical areas of the state.

Eligibility:

1. **Program:** Service is initiated upon receipt of a report alleging child abuse/neglect. Reports are accepted from anyone, including anonymous sources. The child in question remains eligible for the service until it is shown that the child is not suffering from child abuse/neglect and is no longer in jeopardy.
2. **Financial:** CPS is available without charge and without regard to income. In addition, other Title XX and IV-B services, such as, homemaker services, day care, emergency foster care and chore services, which are provided in support of the protective service case plan, can be offered without regard to income.

Children and Family Services Goals, Objectives, and Services:

- ◆ Preventing or remedying neglect, abuse, or exploitation of children.
- ◆ To respond to all reports made to DSHS alleging abuse, neglect, or exploitation of children under the age of 18 years.
- ◆ Receive and investigate reports of alleged abuse, neglect, or exploitation of children, including identification and diagnosis relating to such children.
- ◆ Determine the validity of each report and whether the child in question, and other children in the same care, have been, or are, vulnerable, or at risk of abuse, neglect or exploitation.
- ◆ Provide, arrange, or refer for counseling and/or therapy for the child, as well as the parents, guardians, or other alleged "abusers."
- ◆ Cooperatively develop, or arrange for training courses for parents/guardians, or refer them to established programs.
- ◆ Arrange for, or provide emergency shelter for children, including runaways. DSHS estimated this figure to be about 1000 annually.
- ◆ Provide, arrange, or refer to legal representation for children when appropriate.
- ◆ Arrange or refer for medical care for abused, neglected, or exploited children and their parents, if parents are indigent.
- ◆ Refer to appropriate law enforcement agency when:
 1. A crime may have been committed.
 2. A court warrant had been obtained and the parents refuse to allow the child to be removed.
 3. A child's life or safety is in immediate danger.
- ◆ Petition and/or provide information to courts to establish wardship, including protective supervision.
- ◆ Cooperate with out-of-state child protective services agencies in the delivery of appropriate services.

- ◆ To cooperatively develop and maintain interagency and inter-professional/paraprofessional agreements (guidelines for cooperation). These agreements are components of liaisons or networks of service for early detection and treatment of child abuse/neglect.
- ◆ Receive substantiated reports through local offices alleging abuse, neglect, or exploitation of children and store such information in the central registry. Process requests and release case information to those authorized by law to receive it. Compile periodical statistical reports.
- ◆ Develop and distribute leaflets, periodic reports, answer inquiries, arrange for, provide or suggest possible speakers for meetings. Present, through the media, a planned public information effort regarding child abuse/neglect.
- ◆ The program elements will include Homemaker Services, placement in receiving homes, and CPS. Either 24-hour service or coverage will be available to receive and respond to reports alleging child abuse/neglect.
- ◆ Make this information available to the community.